

## CARANNOG (fl. 550?), saint

**Name:** Carannog  
**Gender:** Male  
**Occupation:** saint  
**Area of activity:** Religion  
**Author:** John Edward Lloyd

is widely commemorated. He is associated with Llangrannog in Cardiganshire (where his cave, his seat, and his lodging, are shown), Carhampton in Somerset, Grantock in Cornwall, Dulane (near Kells) in Meath, Carantec (near Morlaix), and other sites in Brittany. That the same missionary-monk is denoted would appear from the fact that everywhere his festival is observed on 16 May. Tradition represents him as the son, or grandson, of **Cunedda Wledig**; beyond this, there is little which can be relied upon in the pious fragments of biography which have been handed down, though it is safe to assume that his travels extended to Ireland and southwestern Britain.

A gravestone, once in the churchyard, now in the church wall of Egremont, near Llawhaden, bears the inscription CARANTACUS; it is of this period, but whether it records the burial of the saint, or of a namesake, cannot be determined. The cross is said to be a later addition.

### Author

**Sir John Edward Lloyd**, (1861 - 1947)

### Sources

Baring-Gould and John Fisher, *The Lives of the British Saints: the saints of Wales and Cornwall and such Irish saints as have dedications in Britain*ii, 78-90

*Archaeologia Cambrensis*, 1889 (306, 311), 1893 (287)

### Further Reading

Wikipedia Article: [Carantoc](#)

### Additional Links

Wikidata: [Q2758802](#)

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